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ABSTRACT

A total of 39 parent involvement programs in California and 16 other educational resources for parents and educators are very briefly described. Descriptions indicate how parents, with the help of their schools and communities, are taking an active role at home in the education of their children. It is hoped that the descriptions will provide other school personnel, parents, and community members with ideas that can lead to the development of home-school partnerships in their own schools. Program profiles include the name of program, name of contact person, address, telephone number, and annotation. Included in the document are a bibliography of 74 selected references and an index of programs, by county. (RH)

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Sacramento, 1987

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Parent Involvement Programs in California Public Schools and Other Available Resources

Prepared by the
PARENTING AND COMMUNITY EDUCATION UNIT
Guidance and Support Services
California State Department of Education

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PREFACE

Recent studies have focused on the powerful influences of out-of-school factors, especially the home environment. This research indicates that parents' attitudes and willingness to work with their children are central to the eventual success the children experience at school. How parents interact with their children at home, in fact, was twice as predictive of academic learning as was the family's social or economic status. Typical parental behaviors that were effective included talking regularly about school and everyday events; establishing a schedule of study and work at home; reading to children and encouraging leisure reading; monitoring of television viewing and peer activities; and expressing affection and interest in the child's academic and personal progress.

Schools cannot and should not take on the sole responsibility for educating children. School systems that want to be effective must devote energy and resources to informing and educating parents and others in the community about how they can support and contribute to the efforts of our schools.

This document presents a sampling of programs and other resources through which parents, with the help of the school and the community, are taking an active role at home in the education of their children. For the most part, these efforts have not been validated by State Department of Education personnel. However, it is hoped that the descriptions will provide school personnel, parents, and community members with ideas that can lead to the development of home-school partnerships in their own schools. Only through collaboration will we be able to provide the environment needed to ensure the full growth, development, and academic success of our children.

JAMES R. SMITH, Deputy Superintendent
Curriculum and Instructional
Leadership Branch

PLES GRIFFIN, Director
Office of Guidance Support
Services

SALLY MENTOR, Assistant Superintendent;
and Director
Instructional Support Services
Division

ZELMA P. SOLOMON, Manager
Curriculum Services Unit

PARENT INVOLVEMENT PROGRAMS

TITLE: Art Appreciation-Parent Docent Program
NAME OF CONTACT: Marvin Woodstrup
SCHOOL/ORGANIZATION: Murdock Elementary School
ADDRESS: 655 W. French St.
Willows, CA 95988
TELEPHONE: (916) 934-5465

DESCRIPTION: Once a month parents, drawn from a pool of 24 parent volunteers, give presentations to students in each of the 25 classrooms at Murdock Elementary School. Assembled in a portfolio, the materials for the presentations consist of the following:

- A set of seven to ten large prints and/or slides
- Written material about the artists and their paintings
- Guidelines for the presentation and suggested art activities

* * * * *

TITLE: Book Your Time--Immigrant Literacy
NAME OF CONTACT: Barbara Belding, School-University Project Director
SCHOOL/ORGANIZATION: San Francisco Volunteers
ADDRESS: 135 Van Ness Ave., Room 20-A
San Francisco, CA 94102
TELEPHONE: (415) 864-4223

DESCRIPTION: This project involves the parents of limited-English-proficient students in literacy activities. Parents attend workshops designed to show how to encourage reading at home.

* * * * *

TITLE: Books and Beyond (K-6)
NAME OF CONTACT: Ellie Topolovac, Project Director
SCHOOL/ORGANIZATION: Solana Beach School District
ADDRESS: 309 N. Rios
Solana Beach, CA 92075
TELEPHONE: (619) 755-6319

DESCRIPTION: Books and Beyond is a National Diffusion Network Program sponsored by the U.S. Department of Education designed to produce positive, long-lasting behavioral changes in students with regard to recreational reading and TV viewing habits.

This home-based program encourages students to increase recreational reading. They receive small awards to stimulate interest. Parents monitor the number of books their children read by assisting in the recordkeeping. Students may also receive credit for books read to them by their parents. Parents are asked to help their children reduce indiscriminate TV viewing by using TV time sheets to help them become more aware of their viewing habits. Parents and staff are encouraged to participate and act as positive role models in the program.

* * * * *

TITLE: "A Calendar of Skills"
NAME OF CONTACT: Jann Skinner
SCHOOL/ORGANIZATION: Office of the Fresno County Superintendent of Schools
ADDRESS: 2314 Mariposa
Fresno, CA 93721-2286
TELEPHONE: (209) 488-3289

DESCRIPTION: The Office of the Fresno County Superintendent of Schools' Parent Education Task Force has been operational for approximately two years. Among the projects the members have reviewed and adopted is the Louisiana State Department of Education's "Calendar of Skills, A Parents' Guide."

The "Calendar of Skills," developed for dissemination by Fresno County Schools, lists daily activities for parents to do with their kindergarten through eighth grade children.

* * * * *

TITLE: Community Advisory Committee (CAC)
NAME OF CONTACT: Rosalie Meyer or Val Parkhill
SCHOOL/ORGANIZATION: Siskiyou County SELPA
ADDRESS: 609 S. Gold St.
Yreka, CA 96097
TELEPHONE: (916) 842-5751

DESCRIPTION: The CAC, which consists of parents, teachers, and community members, serves as an advisory committee to the Siskiyou County Special Education Local Plan Area. The members participate in and sponsor parent workshops and fund-raising activities. Money earned is used toward projects for special education students.

* * * * *

TITLE: Confident Parenting Program/Santa Barbara County
NAME OF CONTACT: Michele Mickiewicz, Santa Barbara County Health Services
Susan Ham, Office of the Santa Barbara County Superintendent of Schools
SCHOOL/ORGANIZATION: Office of the County Superintendent of Schools, Santa Barbara County/Center for Community Education and Citizen Participation
ADDRESS: 522 N. Salsipuedes St.
Santa Barbara, CA 93103
TELEPHONE: (805) 963-8654

DESCRIPTION: The Confident Parenting Program is coadministered by the Office of the County Superintendent of Schools and the Drug Program Office of Santa Barbara County. It has been funded since 1982 by Senate Bill 1409.

This program is a primary prevention program that stresses healthy family relationships, communication, self-esteem, and conflict resolution. Classes in parenting skills are offered to parents, in both English and Spanish, at school sites, public libraries, and community meeting rooms at no cost to the participants. Trained parenting trainers lead the sessions, which focus on positive parenting skills to increase parents' awareness of available community education and support services.

* * * * *

TITLE: Conquering the Competencies
NAME OF CONTACT: Gloria Bucol, Department Head
SCHOOL/ORGANIZATION: Fremont Unified School District
ADDRESS: Noll Adult School
39600 Sundale Dr.
Fremont, CA 94538
TELEPHONE: (415) 651-9030

DESCRIPTION: This program enlists parents of students who have failed the Fremont Unified School District's competency exams to serve as tutors of their children. Parent-child teams progress through materials specifically keyed to the district's competency test. After an orientation session, parents are able to work with their children on activities designed to help them succeed on the exams they previously failed.

* * * * *

TITLE: Continuing for Excellence with School Site Councils
NAME OF CONTACT: Gale Gregory, Program Manager
SCHOOL/ORGANIZATION: Office of the Tulare County Superintendent of Schools
ADDRESS: Education Building, County Civic Center
Visalia, CA 93291
TELEPHONE: (209) 733-6660

DESCRIPTION: Each year, the Office of the Tulare County Superintendent of Schools and the Visalia Unified School District cosponsor a training workshop for school site councils and school advisory committees for districts throughout the county. The purpose of the workshop is to acquaint parents with duties and responsibilities they face as members of various advisory committees. Also presented are "mini" sessions that enable parents to become knowledgeable about school and other programs that will assist in parenting, such as:

1. The "BEST" Way to Develop a School Values Program
2. Homework Does Make a Difference
3. How to Have an Effective School Site Council
4. Communicating with Your Pre-teen and Teenager
5. Getting Ready for Program Reviews
6. How to Have a Literate Environment at Home and at School

* * * * *

TITLE: El Dorado County Head Start/Children's Centers
NAME OF CONTACT: Lynn B. Lucas
SCHOOL/ORGANIZATION: Office of the El Dorado County Superintendent of Schools
ADDRESS: 6767 Green Valley Rd.
Placerville, CA 95667
TELEPHONE: (916) 626-8500

DESCRIPTION: The El Dorado County Head Start Program conducts numerous parent education workshops and classes each school year for parents and interested community members. Examples of topics are utilizing local community resources, stress management, family nutrition, first aid, CPR, and systematic training for effective parenting.

Some workshops and classes are held during the day and others in the evening. Topics include:

1. Learning at home series--Parents are helped to extend classroom activities into the home.
2. Stress management--Classes are set up to help prevent parent burnout.

3. Child development--Lectures, films, and discussions are held in the areas of safety, toilet training, temper tantrums, child discipline, nutrition, developmental stages, managing in the home, and other parental concerns.
4. First aid and CPR--A full range of first-aid and CPR skills is provided, using lecture, discussion, skill practice, and problem-solving situations.
5. Health in-service training--Dental and medical information is provided for all family members. Participants are taught how to develop a wellness attitude and responsible self-care patterns.
6. Parent Education Class (STEP)--A series of lessons assists parents in becoming more knowledgeable and successful as parents.
7. "Hands On" nutrition workshops--Participants learn about food commodities, sugar and salt substitutes, nutritious snacks, consumer buying, lowering fat, dieting, and cooking safety.
8. Job training--Career counseling and employment opportunities are presented, including writing a resume, seeking a change of employment, and networking.
9. Money management--Participants learn how to make budgets and get the most out of their food dollars.
10. Community resources--This is a special presentation from community programs on food commodities and from the Pacific Gas and Electric Company on energy-saving tips and free weatherization programs.

* * * * *

TITLE: Environmental Field Study Program
NAME OF CONTACT: Greg Schuett
SCHOOL/ORGANIZATION: Office of the Orange County Superintendent of Schools
ADDRESS: 200 Kalmus Dr.
P.O. Box 9050
Costa Mesa, CA 92628-9050
TELEPHONE: (714) 966-4363

DESCRIPTION: The Environmental Field Study Program provides a "senses-on" science education experience for fourth and fifth grade students at four unique Orange County environmental locations from the mountains to the sea. Parents assist with student supervision on the various nature trails.

* * * * *

TITLE: Family Math (K-8)
NAME OF CONTACT: Virginia Thompson, Director
SCHOOL/ORGANIZATION: Lawrence Hall of Science, Family Math/Equals
ADDRESS: University of California
Berkeley, CA 94720
TELEPHONE: (415) 642-1823

DESCRIPTION: Family Math is a program for parents and children to participate together in math activities that reinforce and complement the school curriculum. The math activities are appropriate for kindergarten through eighth grade students, but a major focus of the program is to increase girls' and minorities' enjoyment of mathematics.

The 12- to 16-hour Family Math courses are hands-on workshops based on the school's mathematics program for each grade level. A film is also available which explains the philosophy of the program. An in-service training program gives interested educators and parents the opportunity to prepare to teach classes in their own schools and communities.

* * * * *

TITLE: Family Math Program
NAME OF CONTACT: Ed Rodevich
SCHOOL/ORGANIZATION: Office of the Orange County Superintendent of Schools
ADDRESS: 200 Kalmus Dr.
P.O. Box 9050
Costa Mesa, CA 92628-9050
TELEPHONE: (714) 966-4320

DESCRIPTION: The Family Math Program was originally developed through the Lawrence Hall of Science, University of California, Berkeley. The Office of the Orange County Superintendent of Schools has worked in cooperation with the Family Math Program staff to become an authorized training site.

The program provides a method for involving both students and their parents (kindergarten through eighth grade) in mathematically based experiences. Participants receive training in a variety of mathematics activities which are designed to promote both student and parent interest and understanding. Strategies to involve underrepresented student populations have also been developed as one of the program components.

* * * * *

TITLE: Family Reading Rally
NAME OF CONTACT: Penny Hirschman/Shirley Drake
SCHOOL/ORGANIZATION: Office of the San Bernardino County Superintendent of Schools
ADDRESS: 601 North E St.
San Bernardino, CA 92410-3093
TELEPHONE: (714) 387-3134 Penny/(714) 387-3146 Shirley

DESCRIPTION: The Family Reading Rally for parents and students ages four to fourteen is in the third year of operation. The event presents nationally known experts speaking on topics stressing the importance of reading in the home. Storytelling, magic, puppets, and marionette performances are the featured children's events.

This year's rally was held at California State University, San Bernardino, and was cosponsored by the Office of the San Bernardino County Superintendent of Schools and five local International Reading Association Councils: Arrowhead, Coachella, Foothill, Inland, and Mountain-Desert. B. Dalton Booksellers underwrites the expenses.

* * * * *

TITLE: Family Wellness: Survival Skills for Healthy Families (9-12)
NAME OF CONTACT: George Doub, Founder
SCHOOL/ORGANIZATION: Alum Rock Counseling Center
ADDRESS: 5038 Hyland Ave.
San Jose, CA 95127
TELEPHONE: (408) 251-4422

DESCRIPTION: This program provides a series of six two-hour workshops for parents. Topics include:

1. Survival as a Parent
2. Survival as a Child
3. Survival as a Couple
4. Family Survival During Hard Times
5. Family Survival with Relatives, Friends, and Community

This series of workshops, available in English and Spanish, has been presented at San Jose High School and other high schools in the area. Parents have also been trained to be resources for other parents in their communities.

* * * * *

TITLE:	Infant Deaf Program
NAME OF CONTACT:	Linda Gough
SCHOOL/ORGANIZATION:	Stanislaus County SELPA
ADDRESS:	801 County Center III Modesto, CA 95355
TELEPHONE:	(209) 571-5116 or 571-6598

DESCRIPTION: The Infant Deaf Program is a home-based program for children ages 0 to 36 months with hearing loss. The purpose is to provide support and in-home education for families with hearing impaired children. We encourage parents to be equal partners with professionals in the development of language, speech, and listening skills. During the visits, instruction is provided to both parents and infants. Also provided are parent workshops on a variety of topics of interest and a support group for parents.

* * * * *

TITLE:	Infant/Toddler Program, John F. Kennedy School
NAME OF CONTACT:	Judy LeGrand
SCHOOL/ORGANIZATION:	Office of the Stanislaus County Superintendent of Schools
ADDRESS:	John F. Kennedy School 1336 Stonum Rd. Modesto, CA 95355
TELEPHONE:	(209) 537-4731

DESCRIPTION: In this program, parents of developmentally delayed infants (0 to 18 months of age) meet as a group with a school psychologist each Wednesday morning at John F. Kennedy School. The meetings are usually informal and are used to share and discuss parental concerns. They are a part of the school's infant program and are aimed at informing and training parents. Specific speakers are occasionally invited to speak to the group. The meetings are open to all members of the family as well as to anyone who has frequent contact with the infant (babysitter, neighbor, and so forth).

* * * * *

TITLE: John Swett Unified School District Newsletter (K-12)
NAME OF CONTACT: Lorna Wiggins
SCHOOL/ORGANIZATION: John Swett Unified School District
ADDRESS: Hillcrest Elementary School
California and Mahoney Sts.
Rodeo, CA 94572
TELEPHONE: (415) 799-4431

DESCRIPTION: In this program, a district newsletter is sent out every two months to all parents of children enrolled in the district. The newsletter includes information about what parents can do with their children at home. Recent articles have dealt with topics such as teaching children to think and surviving life with a preadolescent child. Reading samples are provided to give parents an idea of what is required on the proficiency tests. In addition, parents are offered seminars on child growth and development, child behavior, and techniques for helping children with reading and writing and other topics.

* * * * *

TITLE: Merced Special Education Local Plan Area Parent Community Advisory Committee
NAME OF CONTACT: Lee Anderson
SCHOOL/ORGANIZATION: Office of the Merced County Superintendent of Schools
ADDRESS: 632 W. 13th St.
Merced, CA 95340
TELEPHONE: (209) 385-8392

DESCRIPTION: The Community Advisory Committee (CAC) is composed of parents, educators, and representatives from public and private agencies concerned with special education. The function of the committee is to improve and promote:

1. Communication between schools, parents, and related agencies
2. Community awareness and education
3. Special education program review and recommendations
4. Parent education and support
5. Activities on behalf of children with exceptional needs

Individual members of the CAC provide assistance to parents who have questions or concerns about the special needs of children. Members provide emotional support to parents and encourage involvement in parent support groups.

* * * * *

TITLE: Mission Possible (Mission San Jose High School's Parent/ Faculty Association)
NAME OF CONTACT: Regina Weir
SCHOOL/ORGANIZATION: Mission San Jose High School
ADDRESS: 41717 Palm Ave.
Fremont, CA 94539
TELEPHONE: (415) 657-3600

DESCRIPTION: The Mission Possible program is an organization of parents, students, faculty, friends, and alumni whose goal is to make the educational experience of each student at Mission San Jose High School the best it can be. Its purpose is to coordinate existing activities by directing volunteers into areas of greatest need or to form groups to address problems of mutual concern. Parents and others may participate in activities such as a theater improvement project; a placement program for students in public service jobs; a day-long career fair to share with students the kinds of careers available; a variety of booster activities in fields as diverse as forensics, science, and fine arts; parent support activities; and student support activities such as assault prevention. This program also sponsors autistic students' participation in summer camp and operates a facilities and grounds improvement project.

A major thrust of the group has been in recognizing and supporting outstanding students through awards and presentations. The group channels the energies of all members of our school community into productive activities and programs for students.

* * * * *

TITLE: Orange County Hearing Impaired Program (OCHIP)
NAME OF CONTACT: Lynn Dickson-Gold
SCHOOL/ORGANIZATION: University/Venado Hearing Impaired Program
ADDRESS: 4771 Campus Dr.
Irvine, CA 92714
TELEPHONE: (714) 854-4785

DESCRIPTION: Parent Support

OCHIP, a parent support group for the Hearing Impaired Program, was organized for staff and parents to discuss specific issues of concern. The parent-staff group provides topics for discussion, information on educational issues, and in-service training. The organization sponsors fund-raisers as necessary and has assisted with letter-writing campaigns relative to the Hearing Impaired Program.

* * * * *

TITLE: Office of the Orange County Superintendent of Schools--Child Development Program

NAME OF CONTACT: Nancy Claxton, Administrator, Child Development Program

SCHOOL/ORGANIZATION: Office of the Orange County Superintendent of Schools

ADDRESS: 200 Kalmus Dr.
P.O. Box 9050
Costa Mesa, CA 92648-9050

TELEPHONE: (714) 966-4328

DESCRIPTION: The Child Development Program includes a parent education and involvement component. Parents may be involved by participating in informal advisory groups, fund-raising activities, and special events or by contributing materials for the instructional program. This program may also provide special newsletters, brochures, or meetings with speakers.

Parents in the Child Development Program have worked cooperatively with staff members in a public-private partnership carnival for fund-raising purposes. Parents frequently act as advocates at the local and state levels in support of the program.

* * * * *

TITLE: Parent Education Program

NAME OF CONTACT: Joyce Flanigan, Superintendent

SCHOOL/ORGANIZATION: Del Norte County Unified School District

ADDRESS: 301 W. Washington Blvd.
Crescent City, CA 95531

TELEPHONE: (707) 464-6141, ext. 223

DESCRIPTION: The Del Norte County Unified School District, County Welfare Department, Child Protective Services, Child Care Council, Mental Health, Redwood Regional Center, and other agencies, as needed, pool efforts toward improving parent education in the county.

The goal of this group is to focus on parents of children most likely to drop out of school, or "at risk families," and to provide educational programs and support.

* * * * *

TITLE: Parent Involvement and Education Program
NAME OF CONTACT: Lorna Wiggins, Principal
SCHOOL/ORGANIZATION: Hillcrest School
ADDRESS: California and Mahoney Sts.
Rodeo, CA 94572
TELEPHONE: (415) 799-4431

DESCRIPTION: Parent volunteers assist in the classroom; promote fund-raisers; participate in field trips; bring topics of special interest, e.g., sign language, to the children; supervise on the playground; help in the library and office; and aid the professionals who perform the various medical screenings. Parents also serve on a variety of councils and committees, e.g., school site, school advisory, bilingual, GATE, bingo, and enrichment.

On-site Parent Education provides a family forum, an annual series that addresses various aspects of parenting. Last year, two of the topics were "Sibling Rivalry--Does It Exist?" and "Ain't Misbehavin'--Could It Be A Growth Stage?"

Family Math workshops provide hands-on experience to parents and children in learning math concepts.

* * * * *

TITLE: Parent-Community Support System (K-12)
NAME OF CONTACT: Margaret Wright, Project Coordinator
SCHOOL/ORGANIZATION: Los Angeles Unified School District
ADDRESS: 10041 La Salle Ave.
Los Angeles, CA 90047
TELEPHONE: (213) 754-4001

DESCRIPTION: This program involves parents from three schools: Ninety-fifth Street Elementary School (K-6), Bret Harte Junior High School, and Washington High School. Among other activities, in-service training sessions are provided for elementary school parents to assist them in helping their children with schoolwork at home. Parents at the junior high and high school levels receive information on topics such as solving problems, encouraging and being aware of attendance at school, and other relevant topics for older students. Home visits at the elementary level are also part of the program to assist parents who cannot attend in-service training sessions. Parents are taught how to make educational games to use with their children at home.

* * * * *

TITLE: Parenting
NAME OF CONTACT: Pat Brown, Director
SCHOOL/ORGANIZATION: Redwood City Elementary School District
ADDRESS: 815 Allerton St.
Redwood City, CA 94063
TELEPHONE: District (415) 365-1550; Home (415) 367-0963

DESCRIPTION: The Parenting program consists of a series of classes for parents of children enrolled in Redwood City schools. Topics for discussion have included adolescent development, family communication skills, and the establishment of parent support groups. The focus of the Parenting program is to assist local schools in the development of parent education programs tailored to the needs of each individual school community.

* * * * *

TITLE: Parenting Education Plan (K-6)
NAME OF CONTACT: Susan Van Zant, Principal
SCHOOL/ORGANIZATION: Poway Unified School District
ADDRESS: 13626 Twin Peaks Rd.
Poway, CA 92604
TELEPHONE: (619) 748-0230

DESCRIPTION: This project consists of a parent education curriculum, a curriculum guide, and parent support groups. The project is designed to extend the concept of consistent, appropriate child discipline and responsibility to parents. These concepts are presented during regularly scheduled parenting education classes.

* * * * *

TITLE: Parents and Reading Special Interest Group, California Reading Association
NAME OF CONTACT: Penny Hirschman
SCHOOL/ORGANIZATION: California Reading Association
ADDRESS: P.O. Box 1601
Wrightwood, CA 92397
TELEPHONE: (619) 249-3557

DESCRIPTION: The Parents and Reading Special Interest Group of the California Reading Association has sponsored, for the last nine years, a Parent Rally at its annual state conference. This event serves as a model for educators attending the conference.

For the past three years, B. Dalton Booksellers has funded the event, which, at many conference sites, featured sessions for children as well as adults.

This group also publishes a quarterly newsletter and a Speakers' Directory.

* * * * *

TITLE: Preschool Incentive Grant
NAME OF CONTACT: Carol Lee
SCHOOL/ORGANIZATION: Stanislaus County SELPA
ADDRESS: 801 County Center III
Modesto, CA 95355
TELEPHONE: (209) 571-5107 or 571-6598

DESCRIPTION: The Preschool Incentive Grant program provides home instruction to handicapped children who have handicapped parents. The parents and teachers work together to provide activities that are appropriate to the developmental level of the child and at the same time follow the individualized education plan. A monthly parent meeting is provided for the parents to assist them in improving their parenting skills and to acquaint them with community agencies.

* * * * *

TITLE: Project AHEAD (Prekindergarten-grade three)
NAME OF CONTACT: Genethia Hayes, Project Director
SCHOOL/ORGANIZATION: Los Angeles Unified School District
ADDRESS: 4182 S. Western Ave.
Los Angeles, CA 90062
TELEPHONE: (213) 295-8582

DESCRIPTION: Project AHEAD (Accelerating Home Education and Development) is a parent education program sponsored by the Martin Luther King Legacy Association and funded by the Los Angeles Unified School District. This is one of the programs in the nation that recognizes the role of the parent as one of the most fundamental and critical factors in determining the academic achievement of children.

This program attempts to build strong partnerships between parents and the schools in communities where children's academic achievement has, over a long period of time, fallen below national and districtwide educational

norms. Parents, through Project AHEAD, are given assistance in developing home life-styles that support and promote their children's educational development.

Specifically, Project AHEAD develops educational materials called "appetizers" that detail for parents home activities to strengthen the child's skill development. Literature sent home to parents each month explains, in simple terms, the kind of learning objectives the school has set for the child to achieve at each grade level. Materials are available in English and Spanish.

* * * * *

TITLE: Project Self-Esteem
NAME OF CONTACT: Bert K. Simpson
SCHOOL/ORGANIZATION: Office of the Orange County Superintendent of Schools
ADDRESS: 200 Kalmus Dr.
P.O. Box 9050
Costa Mesa, CA 92628-9050
TELEPHONE: (714) 966-4374

DESCRIPTION: Project Self-Esteem is the elementary school component of the Peer Assistance Leadership program funded under the California School Community Primary Prevention program. The project includes a 12-lesson curriculum at each grade level (second through sixth). This curriculum is presented over a span of 24 weeks by one or more teams of four or more parent volunteers. The parent volunteers are recruited and selected by the principal and teachers and trained prior to assignment to a team. The team members retain a videotaped copy of the training for periodic review. They meet every other week for training and practice for their next lesson's presentation. Additional reinforcement lessons are provided for teacher use, and lessons are sent home for parents' use. The current cost is less than $100 per school. The benefits to school climate, academic performance, substance abuse prevention, and responsible behavior are clearly evident by the end of the school year. There are over 200 schools and 4,000 parent volunteers participate in this program.

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TITLE: Read-Every-Day Program (K-6)
NAME OF CONTACT: Cheryl Schuster, Reading Language Specialist
SCHOOL/ORGANIZATION: Bracher Elementary School
ADDRESS: 2700 Chromite Dr.
Santa Clara, CA 95051
TELEPHONE: (408) 984-1682

DESCRIPTION: Initiated by teachers, this program encourages children and parents to read at home every day. Parents are asked to sign a form agreeing that they and their children will read for a minimum of 15 minutes each day.

Three options are available for the child and parent:

1. Parents may listen to their children read orally.
2. Parents may read orally to their children.
3. The parent and child may read independently while sitting in the same room.

Students keep a weekly record of the number of minutes and days that they read. Parents sign the records, which the students return to their teachers. Prizes are awarded, and certificates are given to students reading with their parents five days each week. The program continues all year.

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TITLE: Relationship Skills for Adolescents and Their Parents (7-12)
NAME OF CONTACT: Janis Van Dreal, Project Coordinator
SCHOOL/ORGANIZATION: Kern Union High School District
ADDRESS: 2000 24th St.
Bakersfield, CA 93301
TELEPHONE: (805) 327-2751, ext. 109

DESCRIPTION: Relationship Skills for Adolescents and Their Parents is a set of curriculum units designed for grades seven through twelve. The theme of the curriculum is Crisis in the Family. Topics presented are:

1. The effect of having a handicapped person in the family
2. Financial crisis
3. Death
4. Use of controlled substances (drugs, alcohol, tobacco)
5. Teenage pregnancies
6. Stepparenting and single parents
7. Violence

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TITLE: Santa Barbara County Parent Conference
NAME OF CONTACT: Susan J. Ham
SCHOOL/ORGANIZATION: Office of the Santa Barbara County Superintendent of Schools
ADDRESS: Center for Community Education and Citizen Participation
522 N. Salsipuedes St.
Santa Barbara, CA 93103
TELEPHONE: (805) 963-8654

DESCRIPTION: This day-long parent conference is sponsored by the Office of the Santa Barbara County Superintendent of Schools and seven area school districts. It brings parents together in a workshop type forum to increase their knowledge about school involvement and pertinent community resources for parents. The entire conference is presented in both English and Spanish. The 1987 conference will be the twelfth annual event.

Approximately 400 parents attend, and more than 20 speakers present one and one-half hour workshops on topics such as "helping your child with homework" and "teen stress and suicide prevention." Participants are encouraged to meet with presenters or with the many representatives at information tables to gain further information or to set up future local workshops or parent classes. Many of the parents who attend take the information to their school sites or PTA groups to share with those unable to attend.

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TITLE: School Attendance Review Boards (SARBs)
NAME OF CONTACT: Guadalupe Green
SCHOOL/ORGANIZATION: Office of the Orange County Superintendent of Schools
ADDRESS: 200 Kalmus Dr.
P.O. Box 9050
Costa Mesa, CA 92628-9050
TELEPHONE: (714) 966-4357

DESCRIPTION: School Attendance Review Boards (SARBs) were established by the Legislature in 1975 to divert students with school attendance or school behavior problems from Juvenile Justice into a system coordinated by various community services that would meet their special needs. Parents are an important part of the SARB process. A SARB is made up of representatives of various youth-serving agencies which use community resources to help a truant or insubordinate student and the student's parent(s)/guardian(s) to solve problems. A county school attendance review board includes, but is not limited to, a parent and representatives of (1) school districts, (2) the county probation department, (3) the county welfare department, and (4) the office of the county superintendent of schools.

* * * * *

TITLE: School to Parent Career Planning
NAME OF CONTACT: Mark Lyons
SCHOOL/ORGANIZATION: Office of the San Bernardino County Superintendent of Schools
ADDRESS: 601 North E St.
San Bernardino, CA 93103
TELEPHONE: (714) 387-4433

DESCRIPTION: This program provides a master set of ten school-to-home communications designed to assist parents with their son's or daughter's career planning. Monthly career and educational planning information is provided based on accepted career development practices.

The model recognizes that, regardless of the so-called "generation gap," parents can and do influence their children's decisions about the future. The school-to-home communication will provide parents with questions to ask, thoughts to discuss, and information to share about career planning.

The set is designed to allow school districts to add their own school identification to each monthly issue.

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TITLE: School Volunteer Program
NAME OF CONTACT: Jean Pfotenhauer, Coordinator
SCHOOL/ORGANIZATION: Office of the Santa Cruz County Superintendent of Schools
ADDRESS: 809 Bay Ave., Suite H
Capitola, CA 95010
TELEPHONE: (209) 476-7140

DESCRIPTION: Today, parents and other members of the community may fill a variety of roles in the capacity of school volunteers. The traditional volunteer, a person who goes into a classroom or school on a regular basis to offer either instructional or noninstructional assistance, has been where the emphasis on recruitment was directed. Recently, new directions for volunteerism have evolved.

Within the School Volunteer Program, these new directions include a volunteer service entitled Telephone Career Consultants. This, as the name implies, is a listing of people in the community who are available to students for telephone consultation regarding the volunteer's career or job. Students in high schools and middle schools will benefit from this service.

"Community Resources: Speakers/Mentors" enables members of the community to speak to students about curriculum-related subjects, professions, or travel experience, using slides, films, or demonstrations. Members also serve as mentors, collaborating with the teacher as a "knowledgeable friend" to plan and carry out a unit of study. This program is sponsored by the School Volunteer Program and Schools Plus, Public School Foundation.

Besides recruiting, referring, and placing the three types of volunteers mentioned above, the School Volunteer Program also provides orientation and training for volunteers through materials, interviews, and workshops and develops and provides materials relevant to the management and mechanics of all county in-school volunteer programs.

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TITLE: SCORE for College Parent Component
NAME OF CONTACT: Sharon Johnson
SCHOOL/ORGANIZATION: Office of the Orange County Superintendent of Schools
ADDRESS: 200 Kalmus Dr.
P.O. Box 9050
Costa Mesa, CA 92628-9050
TELEPHONE: (714) 966-4323

DESCRIPTION: Through SCORE for College (Students Capture Opportunities to Redirect their Education), participating school districts are trained to build a communication and support network with parents. A special target population is parents of students who do not traditionally pursue higher education. Through this program, parents are taught which courses are required for college admission and how to obtain financial assistance. They are provided with training designed to help them understand the curriculum and to communicate with their children.

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TITLE: Tulare Follow-Through (K-3)
NAME OF CONTACT: Tim Williams, Coordinator
SCHOOL/ORGANIZATION: Lincoln Elementary School
ADDRESS: 909 E. Cedar
Tulare, CA 93274
TELEPHONE: (209) 688-2892

DESCRIPTION: The Tulare Follow-Through Parent Involvement program includes: Home learning centers--Parents receive instruction that enables them to teach enrichment activities in

their homes after school twice a week to small groups of children. Home secrets--Parents interact with their children at home using a packet of prepared activities that include language usage, reading, and math. Classroom volunteers--Parent workshops are developed to teach parents to assist small groups of children. Each one, teach some--After initial presentations and practice, parents conduct parent education sessions. Reach out and teach--Parents meet with a trained leader using kits about discipline, family roles, and relationships.

Participating parents also share information from three kits prepared by the Southwest Education Development Laboratory that are available from the Tulare Follow-Through Resource Center. Some kits are available in English and Spanish.

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TITLE:	Who? Me? Teach Reading? (K-6)
NAME OF CONTACT:	Kenneth E. Clouse
SCHOOL/ORGANIZATION:	
ADDRESS:	6020-C Hwy. 9, P.O. Box 2 Felton, CA 95018
TELEPHONE:	(408) 335-7961

DESCRIPTION: Who? Me? Teach Reading? is a program for parents of elementary schoolchildren. A filmstrip and two handbooks, Improving Communication with the Home and A School-Sponsored Meeting on How Parents Can Help their Children in Reading, are the primary vehicles for helping parents to know what and how they can help their children succeed academically.

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OTHER RESOURCES

TITLE: Academic Decathlon
NAME OF CONTACT: Ann Joynt
SCHOOL/ORGANIZATION: Office of the Orange County Superintendent of Schools
ADDRESS: 200 Kalmus Dr.
P.O. Box 9050
Costa Mesa, CA 92628-9050
TELEPHONE: (714) 966-4000

DESCRIPTION: The Academic Decathlon is a ten-event scholastic competition designed to promote and reward academic endeavor in the American High School. Competitions are run at the ninth, tenth, and combined eleventh to twelfth grade levels in Orange County. Over 60 schools in Orange County and over 500 schools throughout the state participate in the program. Parents serve as volunteers in the capacity of proctors or speech and interview judges.

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TITLE: Annual Career Awareness Day for the Handicapped
NAME OF CONTACT: Caryl Miller
SCHOOL/ORGANIZATION: Office of the Orange County Superintendent of Schools
ADDRESS: 200 Kalmus Dr.
P.O. Box 9050
Costa Mesa, CA 92628-9050
TELEPHONE: (714) 966-4126

DESCRIPTION: This annual spring event attracts disabled students from over 5,000 high schools and colleges and 200 employers and community members to the Anaheim Convention Center. The purpose of the Career Day is to provide special education students with the vital information they need to make career decisions. A planning team of 65 educators, parents, and community members works all year to make this event a big success.

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TITLE: California Association for the Gifted and Talented (CAG)
NAME OF CONTACT: Judy Kissinger
SCHOOL/ORGANIZATION: San Bernardino City Unified School District
ADDRESS: 777 North F St.
San Bernardino, CA 92410
TELEPHONE: (714) 381-1100

DESCRIPTION: California Association for the Gifted and Talented (CAG) is dedicated to parents and teachers of gifted students.

It serves as the political lobby for gifted education in Sacramento and also as the clearinghouse for information on gifted and talented education and research.

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TITLE: California Coalition Parent/Community Involvement in Education (CCPIE)
NAME OF CONTACT: Myron Puckett, Chairperson
SCHOOL/ORGANIZATION:
ADDRESS: 810 Miranda Green
Palo Alto, CA 94306
TELEPHONE: (415) 948-7425 or 543-0834

DESCRIPTION: This coalition was formed to improve the education of children, youths, and adults by fostering a partnership between the home, school, and community and to increase support for public education by initiating and advocating policies and practices that will increase the degree and quality of involvement by parents and the community in schools. The immediate objectives of the coalition are to:

1. Raise public awareness of the advantages of and need for parent/community involvement.
2. Increase and value the variety and quality of parent/community/school partnerships.
3. Work through state organizations, affiliates, and other organizations to develop local coalitions.
4. Promote training opportunities for the school community that will enhance educational partnerships in the school.

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TITLE: Center for the Study of Parent Involvement
NAME OF CONTACT: Dan Safran, Director
SCHOOL/ORGANIZATION:
ADDRESS: 303 Van Buren Ave.
Oakland, CA 94610
TELEPHONE: (415) 658-9040 or 465-3507

DESCRIPTION: The center serves as a clearinghouse for information on parent involvement. Services provided by the center include:

1. Consultation in parent involvement planning, design, and evaluation

2. Training for parents, teachers, and administrators in such areas as strengthening home-school communication; strengthening teacher skills in working with parents; and developing collaborative processes and home-school partnership programs
3. Assistance in planning and conducting workshops and conferences on parent involvement for educators, parents, and members of the larger community

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TITLE: Community ACT (Agencies Cooperating Together)
NAME OF CONTACT: Nancy Radoff
SCHOOL/ORGANIZATION: Stanislaus County Department of Special Education
ADDRESS: 801 County Center III
Modesto, CA 95355
TELEPHONE: (209) 571-5108

DESCRIPTION: Community ACT is a federally funded demonstration project focusing on children ages birth through six with alcohol-related birth defects. This intervention program also serves families of these children who have, or are at risk for, fetal alcohol syndrome or fetal alcohol effects. Staff are involved in identifying the children and providing needed specialized services through home or center visits. Staff members also focus on the needs of the family and provide assistance with referrals and securing services. The service components include assessment, infant stimulation activities, provision of mainstreamed programs for the preschoolers when possible, transition services into kindergarten or regular education programs, and parent training.

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TITLE: Community Resource Program
NAME OF CONTACT: Lorna Bonham, Principal
SCHOOL/ORGANIZATION: Jackson Heights School
ADDRESS: 225 Jackson St.
Red Bluff, CA 96080
TELEPHONE: (916) 527-7150

DESCRIPTION: The Jackson Heights Community Resource Program has one paid classified position, the community resource coordinator. This person recruits adult volunteers to assist the school staff by providing part-time help in the classroom, by constructing curriculum materials, and by

sharing special knowledge or talents with the students. The community resource coordinator conducts volunteer orientation workshops, assists teachers in scheduling volunteers, maintains a file of resource people in the community, and keeps a record of the volunteer services. As a result of the Community Resource Program, Jackson Heights School receives the benefit of over 1,000 hours of volunteer time each month.

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TITLE: Foster Grandparents in Santa Cruz C.O.E. Court/Community Schools

NAME OF CONTACT: Al Dixon

SCHOOL/ORGANIZATION: Office of the Santa Cruz County Superintendent of Schools

ADDRESS: 809 Bay Ave., Suite H
Capitola, CA 95010

TELEPHONE: (408) 476-7140, ext. 330

DESCRIPTION: The Foster Grandparent Program exists in our three-county area (Santa Cruz, Monterey, and San Benito) to provide some 110 full-time persons (FTPs) to assist in special education/delinquent teenager programs. There are 10 to 12 placements of volunteers in special education and three to four in court/community schools. These volunteers offer 20 hours per week of service, at no cost to our program, and primarily relate individually with our students. Most of our 200 delinquent teenagers are not living with their parents and are deficient in family relationships. The young people accept the experience and confidentiality the senior citizens provide. The volunteers give individual help in our educational programs; however, they often spend time listening to individuals and relating to the students' problems. Amazingly, students "adopt" these seniors as their own grandparents, and students' attitudes change toward getting an education and other responsibilities.

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TITLE: Information Project on Education Network (IPEN)
NAME OF CONTACT: Jackie Berman, Director
SCHOOL/ORGANIZATION:
ADDRESS: 810 Miranda Green
Palo Alto, CA 94306
TELEPHONE: (415) 948-7425

DESCRIPTION: IPEN supports a strong, effective, equitable public education system; sponsors meetings and seminars to inform parents and communities about school involvement activities; and trains school council members in the skills they need. It identifies effective school practices and writes and distributes numerous publications. It promotes a statewide network among groups and individuals for mutual assistance and facilitates coalition building among various educational interest groups at the local and state levels.

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TITLE: Parent Teacher Association (PTA)
NAME OF CONTACT: Donnetta Spink
SCHOOL/ORGANIZATION: California State PTA
ADDRESS: P.O. Box 15015 (930 Georgia St.)
Los Angeles, CA 90015
TELEPHONE: (213) 620-1100

DESCRIPTION: PTA, which focuses on parent education, service, and child advocacy, has developed programs that offer parents and the community the opportunity to be actively involved in the schools. This involvement is being accomplished through such programs as:

1. Parent seminars which enable parents to better communicate with their children.

2. A preschool parent involvement program which is being piloted in several schools and PTAs. It will allow preschool parents the opportunity to be involved with the many parenting education programs offered by PTA.

3. The Television Viewing Skills program, a training program for parents and children to develop selective viewing of television.

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TITLE: Parents for Educational Excellence in Riverside Schools (PEERS)

NAME OF CONTACT: Mary Lou Shouse, Treasurer
SCHOOL/ORGANIZATION: Riverside Unified School District
ADDRESS: 3089 Arlington Ave.
Riverside, CA 92506
TELEPHONE: (714) 682-2683

DESCRIPTION: PEERS is a new organization of concerned citizens and parents which promotes outstanding public education for the children in Riverside. PEERS was formed in the belief that a community group deeply concerned with education can exert a positive influence on the city's educational policies. PEERS is a nonpartisan group which seeks only to work for the best interests of its children, founding members, and school site council members.

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TITLE: Parents' Lobby

NAME OF CONTACT: Jill Wynns, President — Ellen Huppert, Vice-President
SCHOOL/ORGANIZATION:
ADDRESS: 124 Brewster St. — 1490 Willard St.
San Francisco, CA 94110 — San Francisco, CA 94117
TELEPHONE: (415) 824-8560 — (415) 665-1529

DESCRIPTION: The Parents' Lobby program was designed to initiate political action and lobbying at the district and state levels. It supports candidates running for school board offices; does informal networking for parent groups; and provides a citizen's watchdog for the budget, collective bargaining practices with unions representing school district employees, and other issues that surface.

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TITLE: San Francisco Center for Public Education

NAME OF CONTACT: Myron Puckett, Executive Director
SCHOOL/ORGANIZATION:
ADDRESS: 950 Clay St.
San Francisco, CA 94108
TELEPHONE: (415) 435-4791

DESCRIPTION: The San Francisco Center for Public Education is a non-profit educational corporation that helps local school sites to develop decision-making skills through school councils, committees, and quality circles. The center also conducts workshops in long-range planning and facilitation.

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TITLE:	Single Parent/Homemaker Project and Gender Equity Project
NAME OF CONTACT:	Cheryl Thomson
SCHOOL/ORGANIZATION:	San Bernardino County Schools--ROP
ADDRESS:	601 North E St. San Bernardino, CA 92415-3093
TELEPHONE:	(714) 387-4448

DESCRIPTION:

The Single Parent Project is serving pregnant teenage participants and out-of-school single parents. Participants are served through community-based organizations; e.g., women/infant/children clinics, YWCA, and community mental health programs.

The project is designed to help single parents become financially self-sufficient. Participants are made aware of preemployment skills, vocational programs, reentry education, child care, and counseling services.

The Gender Equity Project is serving pregnant teenage participants and out-of-school single parents. Participants are served through community-based organizations; e.g., women/infant/children clinics, YWCA, JTPA, and community mental health programs.

The project is designed to create an awareness of sex-role stereotyping and its harmful psychological and financial effects. Values clarification and occupational decision-making workshops are being provided to help eliminate sex bias in career choices.

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TITLE:	Tryout Employment Project and Preemployment Skills Training Project
NAME OF CONTACT:	Judith Reuther
SCHOOL/ORGANIZATION:	San Bernardino County Schools--ROP
ADDRESS:	601 North E St. San Bernardino, CA 92415-3093
TELEPHONE:	(714) 387-4448

DESCRIPTION:

Tryout Employment, a program for disadvantaged youth sixteen to twenty-one years of age, consists of assessment of individual interests, abilities, and attitudes for appropriate placement; job development and placement in employment settings; and supervision and monitoring of work maturity development.

Parents are informed of the program and, for those students under eighteen years of age, provide written permission for student participation.

Preemployment Skills Training, a program for disadvantaged youth fourteen to twenty-one years of age, includes career planning, interpersonal skills development, and job search skills activities. Career and vocational assessment is provided to students to help them identify their interests, abilities, and aptitudes. Individualized education and employment plans are developed.

Parents are informed of the program and, for those students under eighteen years of age, provide written permission for student participation.

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TITLE: Very Special Arts
NAME OF CONTACT: Phyllis Berenbeim, Coordinator
SCHOOL/ORGANIZATION: Office of the Orange County Superintendent of Schools
ADDRESS: 200 Kalmus Dr.
P.O. Box 9050
Costa Mesa, CA 92628-9050
TELEPHONE: (714) 966-4128

DESCRIPTION: Very Special Arts, Orange County, is a nonprofit organization that annually supports the Very Special Arts Festival program through volunteer work, community awareness, and financial assistance.

Very Special Arts, Orange County, has worked diligently to raise money to help promote year-round arts programming. This organization has increased public awareness through the newsletter concept and the printing of publicity posters. It has provided honoraria for some of the festival workshop leaders and donated mementos to festival performers.

Supporters and volunteer workers are made up of school principals, businessmen and women, and parents.

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For answers to any questions on these selected references, please contact Carol Monroe, Consultant, Parenting and Community Education Unit, P.O. Box 944272, Sacramento, CA 94244-2720; telephone (916) 323-4804.

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